



The HOWL

*Grass Valley Charter
An EL Education Mentor
School*



8/26/19

“We are Crew, Not Passengers.”



Inside

The Magic of Ropes Course!

2

Charter Alive

3

**XC Season Starts!
Nurtured Heart
Parent Classes,
Dates to be in the
know!**

4

Rooooooopes!!

A Charter tradition was alive and well last week with 5th and 6th grade classes out at the On Course ropes course! Tracey's, Ms. Meg's and Ms. Lauren's Crews took on every challenge our amazing Adventure Teacher, Beth could dream up!

Students played games that required collaboration, competition and problem solving. As the days progressed students set individual goals on the high ropes course and supported one and other to take on those challenges. Students accomplished challenges that they had never considered possible.

For those unfamiliar, the magic of ropes course is that it creates situations that elicit GVCS character traits such as Compassion and Crew.

After her day at the ropes course, one GVCS teacher said, “I learned more about my students in that one day, than all the other days this school year.”

Visiting classes this week, I smiled as I heard students debriefing their experience and saw evidence of our masterful teachers using their time at Ropes to create classroom norms that will serve the crew for the year to come.

A heartfelt thank you to Beth and her crew at On Course!



Charter Alive is ... Alive for this School Year!

Looking For Afterschool Enrichment Opportunities? Look No Further! Charter Alive Is Here & starts in September! Grass Valley Charter School's Charter Alive offers engaging and meaningful enrichment programs for all students! Bringing programs to the school is a win-win for the school, students, and parents. School site programming increases access to enrichment programs, reduces costs, and programs operate as part of the school community.

Registration is now open for classes at: www.CharterAlive.com

Class offerings include:

Kuk Sool Won with Gold Country Kuk Sool Won
Wednesdays. 3:15pm – 4:15pm. Starts September 4th

Kuk Sool Won is a year-round program with open registration. Ages 6 - 12
Award Winning Gold Country Kuk Sool Won brings their studio and professional instructors to Grass Valley Charter School! Kuk Sool Won is a traditional Korean martial art that also builds Jung Shin. Jung Shin is a Korean term that translates to focusing your mind and heart one hundred percent in what you are doing in a given moment. This may then be applied to school work, sports, and family.

Kuk Sool Won Kinders with Gold Country Kuk Sool Won
Fridays, 12:45pm – 1:15pm, Starts September 6th.

Kuk Sool Won is a year-round program with open registration. Ages 3-5.
We will work on balance, motor skills, and flexibility while having a great time! We incorporate animal stretches, and exciting exercises on the mat and with pads. Children will be introduced to the three most important aspects of Kuk Sool Won: Etiquette, Patience, and Practice. Practicing these principles will enhance their focus and self-discipline.

Circus Arts and Dance with Center Stage Dance Studio
Tuesdays, 3:15-4:15pm, Starts September 3rd

Circus Arts and Dance is a year-round program with open registration. Ages 5-11.
In this fun and exciting after school class students will explore a variety of different circus arts and dance. Poi balls, juggling, ribbon wands, hip hop, jazz and hula hoops are just the beginning of what this class has to offer. Classes focus on expanding imagination and creativity and trains in basic rhythms and coordination. Students will build confidence and technique while learning new ways to move.

For all questions, please contact Vanessa at: mrs.vanessahale@gmail.com

Sports Updates!

Cross Country

8/19 – 10/11

More info from Coach Curry this week! She can be contacted at rcurry@gvsd.us

Girls Basketball

10/14 – 12/13

Boys Basketball

12/16 – 2/21

Girls Volleyball

2/24 – 4/24

Track

4/6 – 5/24

Mountain Biking Club:

Fall Season to begin in September, more info shortly.

Contact Mr. E with Sports
Qs

aezzell@gvsd.us



On Your Mark, Get Set, Go!

Cross Country is off to the races! Optional practice started last week, but this week is the real deal!

XC Practice starts this Tuesday! All Athletes participating **must be at practice this day and have their paperwork and payment turned in.**

Practices are Tuesday and Thursday, 3:10-4PM; Wednesdays, **7-8 AM**. All practices are mandatory and on the GVCS field.

Mandatory XC Parent Meeting at 3:15PM in Room 20 today, Monday, Aug 26th.

Be there to find out many things! Including a list of upcoming XC Meets.

For questions, contact Coach Curry at rcurry@gvsd.us

Do your Kids have you Pulling Out your Hair?

Interested in adding more tools to your parenting toolbox? The **Nurtured Heart** focuses on learning techniques to actively recognize children for positive behaviors and consequently build

children's sense of self worth.

Our very own school counselor, Regina Curry is a certified Nurtured Heart Trainer and wants to share the ingredients to her secret sauce with you, our GVCS parents!

The course begins on September 9th and runs for 6 consecutive Mondays from 5:00-7:00pm in the Staff Room. The cost is \$25 per person (or family) and covers the cost of the workbook and light refreshments.

You must sign up by September 5th to participate.

To sign up, or if you have questions about the Nurtured Heart Approach, send an email to Regina Curry (aka: the ninja of NHA) at rcurry@gvsd.us.

Dates! Be In The Know!

9/2 – Labor Day, No School

9/5 – Back to School Night

10/10 – All Parent Meeting

10/21-10/25 – Fall Break

11/1 – Staff Professional Development, No School

11/11 – Veteran's Day, No School

An Expanded View of Student Achievement

At GVCS we have an expanded vision of student achievement. We believe that when a student graduates from our school, that they should be well on their way to becoming an effective and productive citizen, who not only envisions a better world, but possesses the tools to help create that world.

As students culminate their education, be it after college or vocational school, we know that their success is not solely dependent upon their test scores, but on the quality of their work and the quality of their character.

As such, at GVCS we consider student achievement to have three dimensions: Mastery of Academic Skills and Content, High – Quality Work, and Character.

We hope that you have found evidence of our commitment to these dimensions of student achievement in the previous pages.



Grass Valley Charter School

225 South Auburn Street
Grass Valley , Ca95945

www.grassvalleycharter.org



Our Design Principles

The Primacy of Self – Discovery
The Having of Wonderful Ideas
The Responsibility for Learning
Empathy and Caring
Success and Failure
Collaboration and Competition
Diversity and Inclusion
The Natural World
Solitude and Reflection
Service and Compassion